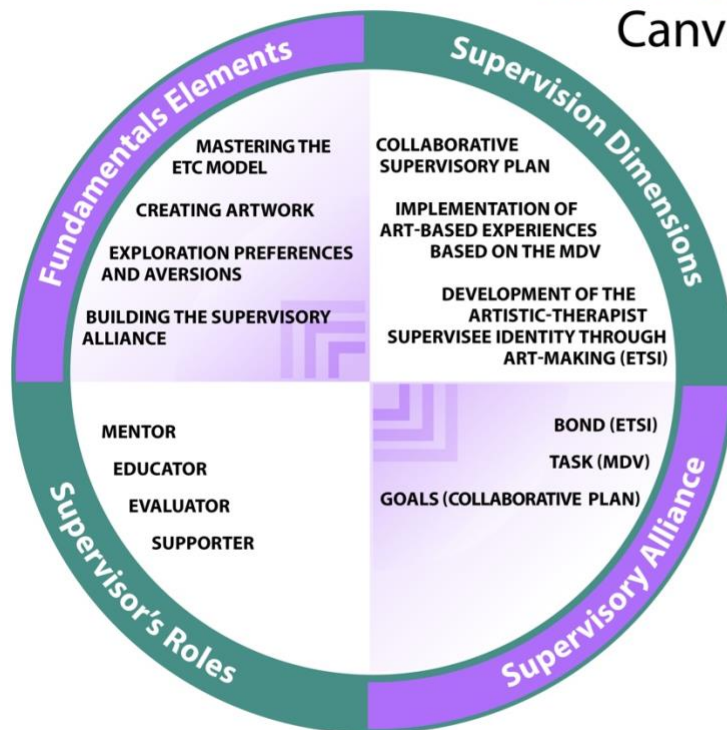
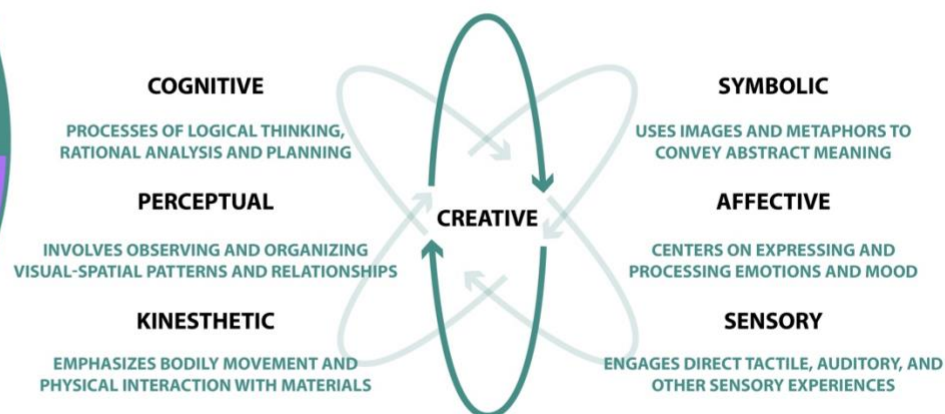


ETC SUPERVISORY MODEL

Canvas of Connection



Co-creating and art-making in art therapy supervision can enhance the effectiveness, growth and depth of the supervisory relationship



ETC = EXPRESSIVE THERAPIES CONTINUUM

MDV = MEDIA DIMENSION VARIABLES

ETSI = EXPRESSIVE THERAPIST SELF-INQUIRY

Note: ETC = Expressive Therapies Continuum; MDV=Media Dimension Variables; ETSI (Expressive Therapist Self-Inquiry)

Riccardi, M., Hinz, L. D., Gingras, G., Nan, J. K., & Gotshall, K. (2026). Canvas of connection: An Expressive Therapies Continuum arts-based supervision approach. *The Arts in Psychotherapy*, 97, 102411. <https://doi.org/10.1016/j.aip.2025.102411>

FUNDAMENTALS ELEMENTS			
Mastering the ETC Model	Creating Artwork with Supervisees	Exploring Preferences and Aversions	Building the Supervisory Alliance
SUPERVISION DIMENSIONS			
Collaborative Supervisory Plan	Implementation of Art-Based Experiences based on the MDV	Development of the Artistic-therapist Supervisee identity through artmaking (ETSI)	
SUPERVISOR’S ROLES			
Mentor	Educator	Evaluator	Supporter
Navigating art modalities	Teaching the ETC	Assessing therapeutic knowledge	Supporting creative growth

Notes: _____

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